



**NO TRICKS,  
JUST KINDNESS**

Be kind whenever possible.  
It is always possible.  
- Dalai Lama



**NO TRICKS,  
JUST KINDNESS**

Be kind to unkind people.  
They need it most.  
- Anonymous



**NO TRICKS,  
JUST KINDNESS**

Kind words can be short  
and easy to speak but their  
echoes are truly endless.  
- Mother Teresa



**NO TRICKS,  
JUST KINDNESS**

Sometimes it is better to  
be kind than to be right.  
- Anonymous



**NO TRICKS,  
JUST KINDNESS**

Kindness is a language  
which the deaf can hear  
and the blind can see.  
- Mark Twain



**NO TRICKS,  
JUST KINDNESS**

Be kind to yourself and  
let your kindness flood  
the world.  
- Pema Chodron



**NO TRICKS,  
JUST KINDNESS**

Always stay humble  
and kind.  
- Tim McGraw



**NO TRICKS,  
JUST KINDNESS**

We are made kind  
by being kind.  
- Eric Hoffer



**NO TRICKS,  
JUST KINDNESS**

Kindness is free. Sprinkle  
that stuff everywhere.  
- Anonymous



**NO TRICKS,  
JUST KINDNESS**

Be kind, for everyone  
you meet is fighting  
a harder battle.  
- Plato



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In a world where you  
can be anything, be kind.  
- Anonymous



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Three things in human life  
are important. The first  
is to be kind. The second is  
to be kind. The third is to  
be kind. - Henry James